

GETTING TESTED WHEN YOUR CHILD OR SOMEONE IN YOUR HOUSEHOLD HAS SYMPTOMS (SYMPTOMATIC TESTING)

Symptoms of coronavirus (Covid 19)*

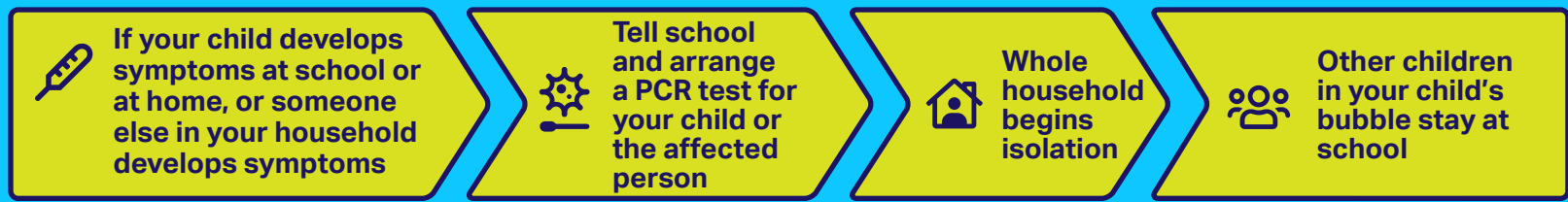
High temperature - chest or back hot to touch

New, continuous cough

Loss or change to sense of smell or taste

*If your child has any other symptoms and you are unsure what to do, check www.what0-18.nhs.uk/national/coronavirus

If your child or someone in your household has any one of the symptoms of Covid 19



Testing

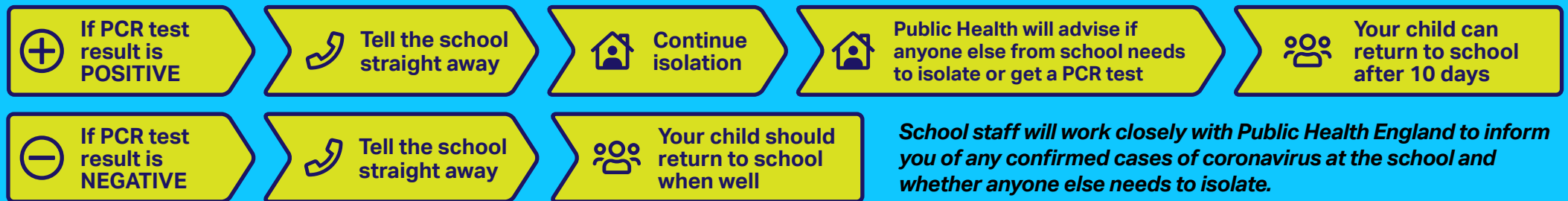
Ask for a PCR test at www.gov.uk/get-coronavirus-test or call 119

How to self-isolate

Person with symptoms:
Stay at home for 10 days from when you first noticed symptoms.

Householder members:
Stay at home for 10 days from the day the first person in house developed symptoms or from the day their test was taken if they have no symptoms.

When you get the PCR test results



School staff will work closely with Public Health England to inform you of any confirmed cases of coronavirus at the school and whether anyone else needs to isolate.

This information is relevant to early years settings, pre-schools, schools and colleges. For more information, please check the early years setting or school website.

REGULAR HOME TESTING (FOR FAMILIES) WHEN NOBODY IN YOUR HOUSEHOLD HAS SYMPTOMS (ASYMPTOMATIC TESTING)



Who should take part?

- Adults in households or bubbles which include children who attend nursery, school or college.
- Secondary age pupils and college students (collect your tests from school/college).
- Anyone who's had one or two doses of the vaccine - you can still catch and spread the virus. The vaccine will not affect the test result.



Who shouldn't take part?

- Primary aged or younger children
- Anyone in the household experiencing possible symptoms of coronavirus.
- Anyone who has tested positive for coronavirus within the last 90 days.



How and when to test?



To order a free lateral flow device (LFD) test kit when you don't have symptoms go to: maps.test-and-trace.nhs.uk

Take the test every 3-5 days

Do not eat or drink in the 30 minutes before taking the test

Before you take the test, blow your nose & throw the tissue in bin

Wash your hands with soap and water or use hand sanitiser

Swab your nose & throat

Wait 30 minutes for your results*





When you get the test results


*Find out more at www.gov.uk/government/publications/instructions-for-covid-19-self-test


+ If test result is POSITIVE

 Tell the school straight away


 Whole household begins isolation

 Book a PCR test at nhs.uk/coronavirus or by calling 119

 Public Health will advise if anyone else from school needs to isolate

 Your child can return to school after 10 days, or after a negative PCR test

- If test result is NEGATIVE

 Continue to follow hands, face, space, fresh air and other Public Health prevention measures

 Test again in 3-5 days

Testing at home is for people without symptoms only. Anyone in the household, including children, experiencing possible symptoms of coronavirus (a high temperature, a new continuous cough, or a loss of sense of taste or smell), should book a PCR test at nhs.uk/coronavirus or by calling 119.