



## Peel Common Junior School | E-Safety Newsletter – Spring 2023

### Safer Internet Day 2023

Tuesday 7<sup>th</sup> February was Safer Internet Day and across our school year groups spent the week highlighting the theme 'Want to talk about it?'. Children from every year group took part in a whole school assembly to launch the week and then held sessions in their classrooms looking at various aspects of this. 'Want to talk about it?' was chosen as the national theme to open up conversations between children and their families about their life online, what they like to do, what they use and what they find difficult.



#### What did we find out?

Through the conversations and activities completed, children shared that they understood a lot about how to keep themselves safe online and what potential dangers there could be. They knew who they could speak to if there was a problem, either in school or at home.

Children in every year group, but a lot of children in Y5 and 6, also told us that they often get frightened by things they see online.



Jump scares in games and video clips, scary characters such as Poppy Playtime and horror movies and TV shows were all things that children referenced seeing. They described feeling worried, having trouble getting to sleep and bad dreams. This was by far the biggest area of concern that children wanted to talk about.

Over the next half-term, PSHE sessions will support children with how to tackle feeling frightened. At home, it would be useful to have these same conversations with your child as well as checking with them what they are seeing online and what worries them. Many of the things they shared are not age appropriate for Primary pupils.



*36% of children aged 8-17yrs have seen worrying content online but only 32% of children aged 8-11yrs were likely to report this.* - Ofcom's March 2022 report 'Children and Parents: Media use and attitudes

# Where can I find out more?

Like to know more about how you can support your child to be safe? Head to our [website](#) and under the Parent and Guardians tab you will find our E-Safety area packed with guides, links to websites and tools that will provide a good starting point.

Ask your child about their e-safety learning in school and discuss what they get up to when online at home.

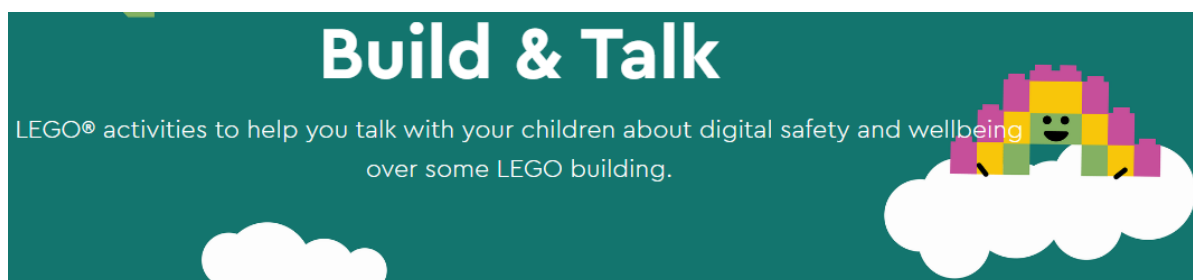
If you have concerns and would like further advice, speak to Mrs Osborne (HSLW), your child's teacher or Mrs Hamer (Computing Lead).

Find our Facebook page [here!](#)



## New resources for parents

As part of their ongoing commitment to ensure children are safe online, the NSPCC have teamed up with Lego to launch fun, free Build & Talk activities. 'The six 'adventures' help parents and caregivers talk with their children about key online safety topics through the joy of LEGO play.' They provide a useful way to open conversations that can be difficult, as well as being a good source of help and advice. Click on the image below to access this resource.



### *Want to know more about AI?*

With the rise of AI comes a whole new dimension of benefits and risks. This information guide outlines what parents need to know in order to keep children safe. The guide has been sent as a separate attachment so that it is readable!



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