

# Peel Common Primary School

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**Administrative Officer :** Mrs Tracy Barker

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Dear Parent/Carer

During the next term in Year 3/4, our PSHE lessons will be focusing on the Relationship and Sex Education (RSE) elements of the curriculum. This statutory learning will begin by recapping on having respect for our own bodies and knowing how to safeguard them before introducing the theme of puberty and change for pupils including the body changes and the emotional changes associated with it. This builds on the learning we have explored already this year about different types of families, respecting differences and maintaining positive relationships.

Below are the learning objectives that will be covered as part of this unit:

- Identify and describe some of the physical changes that happen to bodies during puberty
- Explain that puberty begins and ends at different times for different people
- Use scientific vocabulary for external male and female body parts/genitalia
- Describe how emotions and relationships may change during puberty
- Explain where we can get the help and support we need in relation to puberty
- Understanding that our bodies are our own and the difference between appropriate and unsafe physical contact
- Understanding how to prepare for menstruation (Year 4)

## Ask-it Basket

Throughout this unit, we will continue to spend time establishing a safe learning environment for both pupils and adult staff in the classroom. This helps pupils to feel comfortable about sharing feelings, exploring values and attitudes, expressing opinions, and considering the views and opinions of others without fear of negative feedback. An 'Ask-it Basket' question box or bag will be placed in the classrooms to encourage pupils to ask questions with anonymity and without embarrassment.

- Anyone can use it to post a question, at any time and as many times as they want
- Questions can be anonymous, or they can put their name on their question so the teacher can follow it up with them individually
- Only the teacher will see the questions, unless there are significant issues about a pupil's safety or wellbeing that need to be shared with others
- Questions raised will be dealt with in the following lesson (or sooner if relevant to a pupil's safety and wellbeing)
- Depending on the nature of the question, some responses may be answered as part of a small group session or one-to-one and will be treated anonymously so no-one knows who asked the original question



As stated earlier in this information, these lessons will form part of the children's statutory learning in Relationships and Sex Education. It is important for you as parents and carers to be aware of this coverage so that you can be prepared for any questions/information children might choose to share at home during this time. Please contact the office if you require any further information or have any questions.

Thank you for continued support.

Yours sincerely

Y3/4 Team